

## Highlight

Some businesses stand out in our local area. We are here to highlight them.

This seasons highlight is **New Earth Animals**. They are a small high quality pet shop in cute downtown Galena. They have tons of treat, chew, and toy options for your pets, as well as clothing and animal themed gifts for their humans.

The shop is pet friendly for dogs with good public manners and is close to the Galena River Trail for a walk after.

The owner Gail was a veterinary technician with 30 years of experience so you can trust her to pick out quality products. They also have a grooming and daycare options available.

Find out more at [www.newearthanimals.com](http://www.newearthanimals.com)

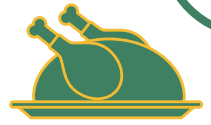
## Fun Fact

Dogs can be left handed or right handed just like humans.

Watch your dog and see which paw they seem to prefer when playing with toys or interacting with puzzle toys.



## Holiday Season



This fall there are two major holidays, Halloween and Thanksgiving. These can both affect our dogs more than we think. But there are things we can do to make it less stressful.

1. **Give them their own space and time to relax.** Prepare a quiet room or crate for them to relax in while other activities are going on. Give them occasional breaks from activities to keep them from getting overwhelmed.
2. **Use white noise.** If your dog gets upset with hearing people in the other room or when the doorbell rings. Some form of white noise would be helpful to keep them calm in their safe place.
3. **Watch what they eat.** Not everything is good for dogs to eat. Chocolate, onions, cooked bones and grapes are a handful of foods that are unhealthy or poisonous for our dogs to eat. Make sure they don't steal anything off the counter or garbage that could cause them to end up in the vets.
4. **Have someone on duty.** If the dogs are out, make sure there is someone who can watch them and make sure they aren't overwhelmed or getting into trouble.
5. **Practice before hand.** Practicing having guests come over or ringing the doorbell, can get your dog more used to activities that might happen the day of the holiday. You can also introduce your dog to masks or other costumes using treats and positive associations so that they aren't scared.
6. **Decorate safely.** If your dog will chew things don't put decorations at their height level. Many decorations can be harmful if eaten.
7. **Don't include them.** If an event is too stressful it is often best to not include your dog. Halloween is very scary to most dogs with kids running everywhere in weird costumes. It is often best to leave them home instead of bringing them trick or treating even if it would be very cute if they came along.

The holidays can be fun but not always for our dogs so make sure you have a plan for how to handle them.



# Puppy Socialization



A lot of people have heard that when they get a puppy they need to socialize them however there are many misconceptions about how to do that.

Socialization is teaching an animal what is normal in the world. While animals are young they have a socialization window in which they are learning what in the world is safe and normal. They are open to learning and exploring the world more than an adult. It is important during that time to show a puppy a lot of what they might experience in the human world which might be scary so they learn it is safe and will be more resilient as an adult.

We want to get puppies out into the world and show them things they might experience. Most people seem to understand they should meet different people and dogs but it is more than that. We want to expose our dogs to different sounds, walking surfaces, objects, and experiences. I don't need to make my puppy interact with anything they don't want to but allowing them to watch, listen, and smell the world will go a long way in the future.

If your puppy is scared or nervous of something don't make them approach it instead let them walk away and try again later. This will teach them if they are nervous they can move away and they will trust you more for not dragging them near it.

## Quick Socialization checklist

- People
- Kids
- Other dogs
- Cats
- Small animals
- Umbrellas
- Vacuum
- Broom
- Balloons
- Garbage Cans
- Cars
- Trucks
- Bikes
- Skateboards
- Lawn mowers
- Busy Street
- Parking Lot
- Grooming
- Vets
- Park
- Thunder
- Doorbell
- Blender
- Fireworks
- Nail trims
- Baths
- Wipe with towel
- Touch ears
- Look at teeth
- Grass
- Concrete
- Tile floor
- Wood floor
- Metal grating



## Training Tip:

### My dog doesn't stop when I say No



Do you often find yourself yelling "No" at your dog? Do they keep doing something you don't like even if you do say "No"?

Dogs don't understand English so just saying no to them doesn't mean anything to them. Your dog might look over at you because they heard you talk but it likely doesn't mean much to them. Instead of saying no ask them to do something else instead that would stop the behavior you don't like. For example ask them to sit instead of jumping up on you. Or ask them to lay on their bed instead of running around the house. Giving a clear image of what good behavior will be less confusing and get your dog acting better behaved.

## Enrichment Idea: Sniffari

Dogs need enrichment to fulfill their mental and physical needs. There are many different things you can do that.

A sniffari is one of the best ways to give your dog enrichment. Often time when we take walks with our dogs we think about going a certain distance or to a certain location and we march in a straight line down the sidewalk. This is not how dogs naturally move and they have to slow down to walk our speed.

A sniffari is where you do to a park or open field and use a long line and let them wander around and sniff. You follow your dog and as long as they are going to a safe area you don't tell them where to go. Using a long line is great so the dog can get a little further away from you without pulling and so they have more room to explore.

Sniffing is very important to let dogs do. Their sense of smell is one of their best senses and not letting them sniff would be like making humans walk around with blind folds on. Using their nose is also very mentally tiring and a great way to tire them out. Getting a dog mentally tired is much easier than getting them physically tired without having to run yourself ragged.



## Safety First



There is a myth that you should greet dogs by letting them sniff your hand.

This is actually bad advice. Dogs have a great sense of smell don't need to be right next to you to smell you. It is also rude to just shove your hand into a dog's face just like it is for humans. And if a dog is scare you are just giving him your hand to bite.

## Meet the Breed



### Australian Shepherd

Australian shepherds were originally used by cowboys to herd cattle. They are not actually from Australia but were mislabeled by these cowboys. Australian shepherds became famous by appearing at rodeo shows.

Australian Shepherds are a versatile dog that can do herding, therapy dogs, or search and rescue. They are high energy dogs that need an outlet or exercise to be well behaved. They are smart and if you give them an outlet they will do their job well otherwise they might be destructive. They come in a variety of colors with a long coat that does need weekly grooming.

Aussies love their humans and love to work with those they love. If you earn the loyalty of an Aussie they will love you forever. Aussies have been owned by many famous people including Bruce Willis, Demi Moore, and Mel Gibson.

Common Problem Behaviors: Barking, leash reactivity, nipping

## Dog Sport Highlight



### Disc Dog

Disc dog is a fun sport where a dog gets to play fetch with discs. There are different disc games such as Throw N Go which is similar to fetch or a game such as 4 way play where you need to get catches in different areas on a field. Any dog that loves toys would have fun trying this sport

Reach out to Angelic Paws Dog Training if you would like to get started with your dog.

## Be the Alpha? Or be a Parent?

There is a myth out there that you must be more dominant than your dog for them to listen to you and that you must be the alpha of your pack.

This is a made of theory that is not true. When wolf behaviorist, L. David Mech, originally started studying wolves, he thought it looked like there was an alpha wolf who was dominant over all the other wolves. Later he proved his theory was wrong and that the wolves actually functioned in family models and that the "alpha" wolves were actually parents and that they cared for their family and were not intimidating them into submission.

Unfortunately the alpha dominance theory started to become popular despite Mech speaking out against it. Any trainer you meet saying they train with dominance theory is uneducated and you should seek a different trainer.

When working with your dog, think of your self as a parent. It is your job to keep the dog safe, to fulfill their needs, and have fun with them. We love our dogs and they love us so we should show it. You can set rules to keep them and you safe but there is no need to be cruel to achieve that.

## Services

Angelic Paws Dog Training offers private lessons, board and train, and day training options. We can help with

- Puppy training
- Basic manners and obedience
- Problem behaviors like reactivity, jumping on people, pulling on leash, chewing
- Intro to sports and tricks



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